

*Title of Lesson:* Line Builders

*Curriculum Unit:* Goal Setting

*Objective:* To understand the importance of setting a specific goal before any planning takes place.

*Materials:* objects on students; masking tape

*Directions:*

1. Divide students into equal groups. Put a piece of masking tape to designate the starting point for each group so they all begin from the designated line.
2. Each group compiles five items from each person (from something that is on their body, e.g., necklace, belt, shoe, earring, etc.). If groups are unequal, set a limit to the number of items (20–25).
3. Ask students to use their collected objects to create a line with all objects touching. The goal is to create the longest line possible using their objects.
4. Give them three minutes to complete their line.
5. When time is up, check to see who has the longest line, then debrief.

*Sample Processing Questions:*

- How do you feel about having the shortest/longest line?
- If you knew before having chosen your objects that the goal was to create the longest line, would you have selected different objects? What other plans would you have made?
- Is it important to set a specific and clear goal before carrying out a project? Why?
- How does having a goal affect your work?
- How is goal setting with your peers in student council beneficial?

Created by: Thelma Gaumer, Debbie Gauna, Joseph Kalinec, & Stacie Figueroa at the first TASSP/TASC Student Leadership Course Teacher Academy, July 2009