

*Title of Lesson:* Shaping Personalities

*Curriculum Unit:* Group Process—Individual Differences

*Objectives:* To identify personality types in self and others; to develop an appreciation of differences

*Materials:*

- Construction paper
- Markers
- Die-cut shapes of star, circle, square, triangle, heart, and octagon

*Directions:*

1. Display the die-cut shapes in the room and have enough of the shapes cut out for students to be able to select a shape.
2. Ask students to choose a shape that best describes their personality. On the shape they should list on one side of the shape their name; favorite food, music, and subject in school; a weakness they have; a strength they have.
3. Have students decorate the other side of the shape to reflect their personality.
4. Collect the shapes and initiate discussion regarding favorites of a randomly selected shape. For example, “Who else likes country music?” “Anyone like Social Studies?”
5. Following a brief discussion of favorites, ask students to get into groups according to the shape they selected and discuss why they selected that shape. What does the shape represent to them? What do members of the group have in common?
6. One student from each group will share with the entire group the common personality traits of their shape.

*Sample Processing Questions:*

- How are you like some of the others in your group?
- Is having things in common important for a group? Why or why not?
- How are you different from some of the others in the group?
- How do these differences strengthen the group as a whole?

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