

*Title of Lesson:* Two Sides of Me Quilt

*Curriculum Unit:* Responsible Citizenship or Self Esteem

*Objective:* To demonstrate a respect for individual differences and ethical behavior; to act with integrity

*Materials:*

- Construction paper
- Glue or glue sticks
- Markers
- Magazines to cut up
- Stickers

*Directions:*

1. Discuss the concept that everyone has both a public self that the world sees and a private self that you know and don't necessarily show the world.
2. Give each student a sheet of construction paper and have them put their name in the middle of one side.
3. Pass the papers around and instruct students to write one word descriptions on each paper to tell how people in the school perceive the person named on the paper. Be clear that words are to be honest but not hurtful. Allow 5–10 minutes for this activity so that each paper has multiple comments.
4. Have the papers find their way back to their owners and allow students to spend a few minutes reading them. Then get in small groups of 3 or 4 students to discuss.
5. Assign students to take their papers home and fill in on the backside what's missing from the descriptions listed. What do people not perceive about you? Use words, pictures from magazines, drawings, symbols, and so forth to create a "quilt" piece to describe yourself more fully. Let students know that these will be shared with the class
6. In the next class period, have students share their "quilt" pieces with the class. As a follow-up, create a paper quilt on the classroom wall using all the student creations.

*Sample Processing Questions:*

- Were there any surprises from the descriptions people wrote about you?
- What is the difference between the first side of the paper and the side you decorated at

home?

- What really defines people? Dreams, fears, regrets, goals?
- Do you have a different perception of anyone as a result of this activity?
- Looking at the quilt on the wall, what impression do you have? Does anything stand out?
- How will this knowledge about our differences make us a stronger team?
- How can we apply what we learned from this experience to our roles as school leaders?

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